



*MGS invites you to
The 27th Annual Conference
April 15 and 16, 2009
Colonial Inn
Helena, Montana*



NON-PROFIT
ORGANIZATION
US POSTAGE PAID
PERMIT NO. 201
BILLINGS, MT 59101

P. O. Box 3583
Billings, MT 59103-3583



Agenda

Tuesday, April 14, 2009

4:00—6:00 pm **Registration**
Dinner on your own

Wednesday, April 15, 2009

7:30 am **Registration Begins**

8:30—10:30 **Keynote:** Palma L. Flamino, Psy.D., Clinical Consultant, PSI/Horizon Behavioral Health Services: *“Depression, Delirium, Dementia”*

10:30—11:00 **Break**

11: - Noon Tracy Dill, MD, Hospitalist, St. Peter’s Hospital, Helena: *“Hospitalist Medicine”*

Lee Stadtlander, PhD, Psychology Faculty, Walden University, and Martha Giles, PhD, Psychology Faculty, Walden University, Bozeman: *“Oldest Old, Living Long and Living Well”*

Rick Bartos, Bureau Chief, Adult Protective Services, Montana DPHHS: *“It is Our Time—Montana 2009 and the Reality of Elder Abuse, Neglect and Financial Exploitation”*

Noon—1:30 **Luncheon**—Katie Knight, BA, MFA, MAEd, Photographer, Artist and Educator, will present *“Art, Society and Transformation”*. This visual presentation explores art by individuals whose work expresses social conscience and considers the role of art in social movements. Ms. Knight is sponsored by Humanities Montana, the MT Cultural Trust and the National Endowment for the Humanities’ *“We the People”* funding.

1:30—2:30 pm Kelly Zeibarth, RSVP Program Manager, HRDC IX, Bozeman, and Barb Brady, St. Vincent Healthcare Foster Grandparent Program Manager, Billings: *“Volunteers Live Longer and Better”*

Kathleen Lauren, PhD, Director, MonTECH, UM Rural Institute: *“Aging in Place with the Help of Assistive Technology”*.

MTGEC Workshop

Gayle Hudgins, PharmD, Professor, Pharmacy Practice, Skaggs School of Pharmacy, UM; Ann Williams, PhD, Adjunct Professor, School of Physical Therapy, UM; and Cynthia Garthwait, MSSW, Professor of Social Work, UM School of Social Work : *“Three Dimensions of Dementia Care: Attitude, Exercise and Medications”*

2:30—3:30 Sandra Bailey, PhD, Assoc. Professor & Extension Specialist, MSU Extension, Dept of Health and Human Development: *“Caregiver Resources from MSU Extension”*.

Kathleen Lauren, PhD, Director, MonTECH, UM Rural Institute: *“Aging in Place with the Help of Assistive Technology”* Continued

MTGEC Workshop Continued

3:30—4:00 **Break**

4:00—5:00 Brianne Uggetti, Community Liaison, Rocky Mountain Hospice, Bozeman: *“Medicare and Medicaid Benefits of Hospice”*

Nancy Aagenes, ND, and Jeff Roush, ND, Natural Medicine Clinic, Helena: *“Science and Strategy for Changing Habits--the Most Powerful Predictors of Wellness in Aging”*.

Marsha A. Goetting, PhD, MSU Extension, Family Economics Specialist: *“Think You Know Who Receives Your Property When You Die? Think Again”*

5:30—7:00 **Reception**
Dinner on your own

Agenda

Thursday, April 16, 2009

- 7:30 am **Registration Begins**
- 7:30—8:30 **MGs Membership Annual Meeting and Board Elections.** Breakfast will be provided for meeting attendees. All MGS members are invited and encouraged to attend.
- 8:30—10:30 **Keynote:** Steven Masley, MD, President, Masley Optimal Health Center: *“Optimize Your Health, Enhance Cognitive Performance and Reverse the Top Five Nutritional Deficiencies”*
- 10:30—11:00 **Break**
- 11:00—Noon Jan Jahner, RN-BC, CHPN, Pain & Palliative Care Specialist, St. Peter’s Hospital, Helena: *“Planning Well for the Last Years of Life: Maintaining Dignity and Choice”*
- Medkian Doyle, MEd, Academic Advisor, MSU Caring for Our Own Program: *“Native Elders’ Perspectives on Quality of Life and Quality Care”*
- Dwight Hiesterman, MD, Clinical Consultant, Mountain Pacific Quality Health Foundation, Helena: *“Making a Difference in Diabetes and Preserving Kidney Health”*
- Noon—1:30 pm **Luncheon—Awards Ceremony:** MGS Member of the Year Award and Scholarship Award
- 1:30—2:30 Elizabeth Ikeda, DPT, Assoc. Professor of Physical Therapy, UM School of Physical Therapy and Rehabilitation Sciences: *“Fitness Screening for Aging Adults; Identifying Ways to Live Longer and Better”*
- Student Presentation
- Cynthia Garthwait, MSSW, Professor of Social Work, UM School of Social Work with Rebecca Buell, MSW Candidate, Hartford Scholars in Aging Program, UM: *“Working Well, Working Longer: Preventing Compassion Fatigue”*
- Kelly Williams, Administrator SLTC Division, Montana DPHHS: *“Senior and Long-term Care Legislative Update”*
- Jim Capp, Management Support Specialist and Public Affairs Specialist, Social Security Office, Great Falls: *“Social Security and Medicare: An Overview”*
- 2:30—3:30 Patricia Holl, DC, Yellowstone Naturopathic Clinic, Billings: *“Pain and Posture—An Overview”*
- Student Presentations
- Ashley Miles, PharmD Candidate, Skaggs School of Pharmacy, UM: *“Fall Prevention”*
- Casey Gorham, Exercise Science Degree Candidate, UM: *“A University-Community Connection to Reduce Risk for Heart Disease and Diabetes”*
- Jim Capp, Management Support Specialist and Public Affairs Specialist, Social Security Office, Great Falls will be available for questions and further discussion regarding Social Security and Medicare.
- 3:30 **Closing Remarks and Adjournment**
- Raffle**
- Farewell Break**

Keynote Speakers



Palma L. Flamino, Psy.D., has worked 30 years in the field of Mental Health. Her experiences vary from teaching Special Education with the New York State Department of Mental Hygiene to Administrator for Adolescent Group Homes. Dr. Flamino has been with Horizon Health (now PSI/Horizon) since 1992 functioning in various capacities as Program Director for a 24 bed geropsychiatric program in Southern California, Clinical and Compliance Auditor and most currently as a Clinical Consultant to 20 contract managed psychiatric programs.



Steven Masley, MD, FAAFP, CNS, is a physician and a nutritionist. His passion is empowering people to enhance their lives through lifestyle changes. Dr. Masley is currently the Medical Director of the acclaimed Masley Optimal Health Center in St. Petersburg, Florida, and also Clinical Assistant Professor at the University of South Florida. He completed a chef internship at Seattle’s Four Seasons. Prior to his position at the Masley Optimal Health Center, he was Medical Director of the Pritikin Longevity Center® in Aventura, Florida, and Medical Director of the Carillon Executive Health Program at St. Anthony’s Hospital in St. Petersburg, Florida.

Hotel Information

A block of rooms has been reserved at the Red Lion Colonial Hotel, 2301 Colonial Drive, Helena, Montana.

Please mention that you are attending the Montana Gerontology Society conference in order to receive the conference rate of \$89 per night plus tax. **Rooms must be booked by March 21 to receive this rate.**

Call: 406-443-2100 for reservations.

- From I-15, take exit 192, turn south on Fee Street and go straight through light. The street merges left into Colonial Dr.
- From Highway 12 West, follow the route through Helena to 11th Avenue (toward intersection with I-15). Turn east on 11th, continuing straight past Hannaford and Fee streets rather than veering left to join the interstate.

****Note: 11th Avenue East turns into Colonial Drive.

Other hotels close by:

- Holiday Inn Express, 449-4000
- Days Inn, 442-3280
- Fairfield Inn, 449-9944

Registration

Please submit a separate registration form for each individual attending the conference.

All sessions and meals listed on the conference schedule, as well as all conference materials, are included in the conference registration fee.

Full **refunds** will be made if written cancellation is received by April 8. A 50% refund will be made for cancellations received on or before April 10. No refunds after the 14th.

Scholarships for a registration fee discount are available and must be submitted by March 25. For details, call Roman Hendrickson at 406-842-5056 or e-mail at romanhend@hotmail.com

Applications for continuing education are in process for nursing, pharmacy, social work, physical therapy, occupational therapy, and nursing home and assisted living administration.

Make checks payable to Montana Gerontology Society

Mail registration and scholarship applications to: Sandy Gillitzer,
MGS, P O Box 3583, Billings, MT 59103-3583

For more information, contact: Cindy Baril or Karen Cater: cbaril@rmdc.net, kcater@rmdc.net, or phone 406-447-1680. You may register online at: www.montanagerontology.com

Registration Form

Name:	Agency or Organization:
Address:	Position:
City:	Phone:
State and Zip:	E-mail:

Continuing Education Credit Request: *(Please check the appropriate box)*

- | | | |
|---|--|---|
| <input type="checkbox"/> Montana Nurses Association | <input type="checkbox"/> Montana Board of Pharmacy | <input type="checkbox"/> Board of Social Work |
| <input type="checkbox"/> Physical Therapy (APTA) | <input type="checkbox"/> Board of Occupational Therapy | <input type="checkbox"/> Board of Nursing Home Admin. |
| | <input type="checkbox"/> Board of Assisted Living Admin. | |

- I am a speaker I am a sponsor I am on the MGS Board of Directors or on the Conference Committee

X	Full Conference Registration	X	Wednesday Registration	X	Thursday Registration
	\$120 for MGS Members (paid through 12/2009)		\$70 for MGS Members		\$70 for MGS Members
	\$150 for Non-MGS Members (includes 2009 Membership)		\$90 for Non-MGS Members (includes 2009 MGS Membership)		\$90 for Non-MGS Members (includes 2009 MGS Membership)
	\$50 for Students and Over 65		\$30 for Students and Over 65		\$30 for Students and Over 65
			\$10 for Palma L. Flamino, Psy.D, only		\$10 for Steven Masley, MD, only
	Total Amount: \$ _____		Total Amount: \$ _____		Total Amount: \$ _____